

Body Image and Art



Laura Aguilar

Body Image and Art

Taught by Beverly Naidus

Students create “body outline” self-portraits, investigating their self-image (what they celebrate and what gives them discomfort) and hang them publicly.

They also create photo/text projects that are exhibited in various sites around campus.

Collaborative projects are often performed in public.

BODY IMAGE AND ART

BODY OUTLINE PROJECT 2015



















Students draw each other as part of their exhibition of the body outline project (2010)



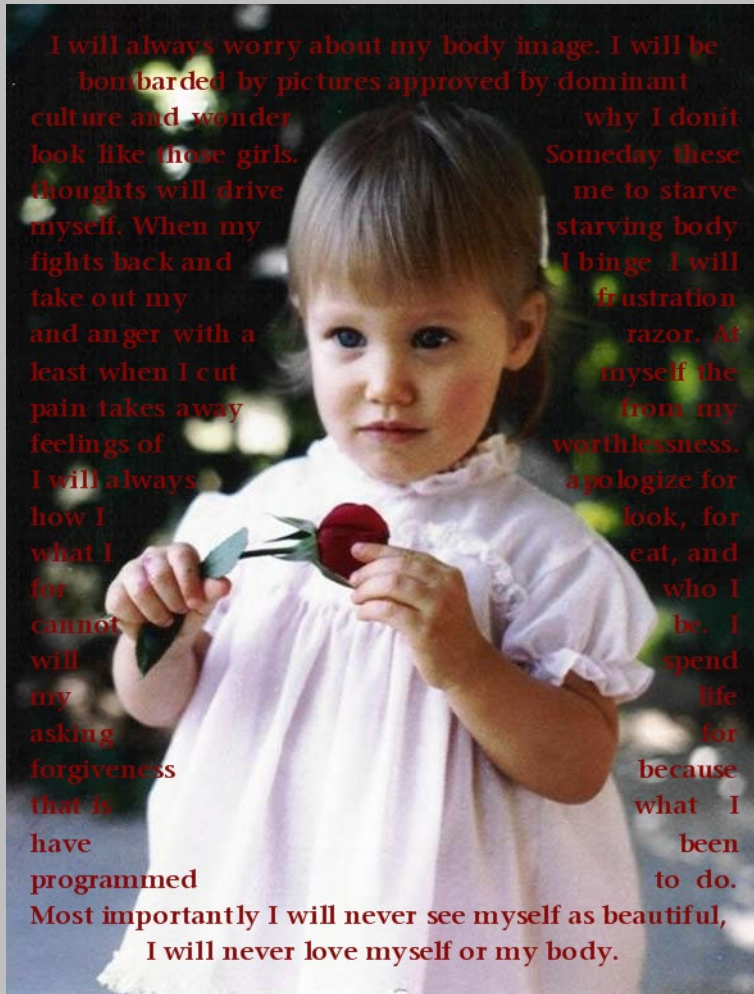




Collaborative performance project 2008



Angela Neuman 2009

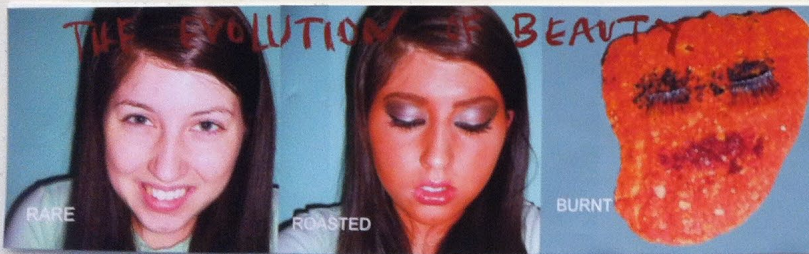
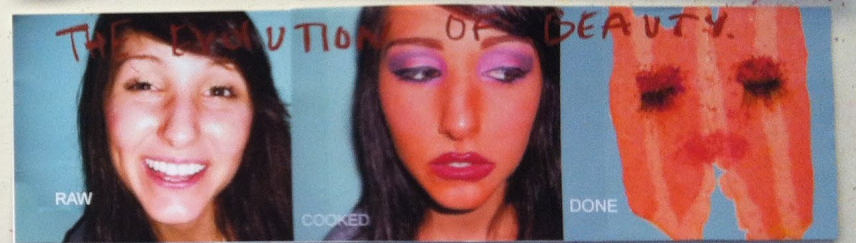
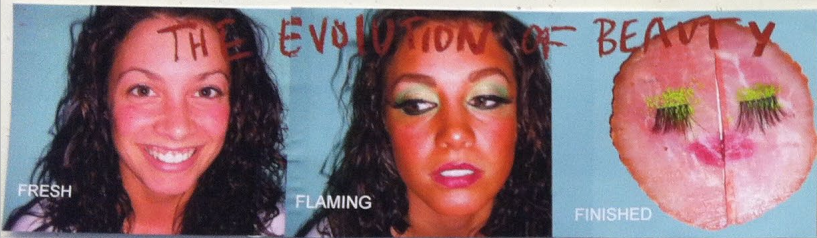
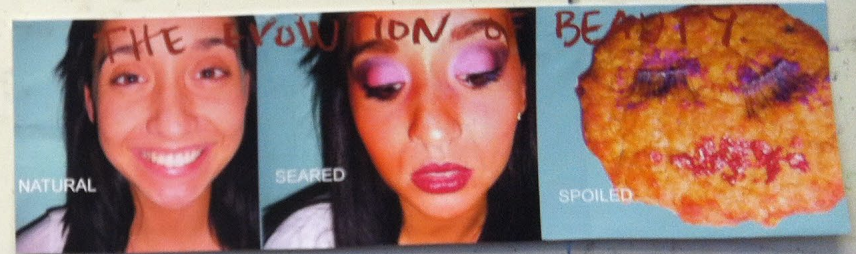


I will always worry about my body image. I will be
bombarded by pictures approved by dominant
culture and wonder why I don't
look like those girls. Someday these
thoughts will drive me to starve
myself. When my starving body
fights back and I binge I will
take out my frustration
and anger with a razor. At
least when I cut myself the
pain takes away from my
feelings of worthlessness.
I will always apologize for
how I look, for eat, and
what I cannot be. I
for cannot spend
will my life
my asking for
asking forgiveness
that is because
that is what I
have been
programmed to do.
Most importantly I will never see myself as beautiful,
I will never love myself or my body.



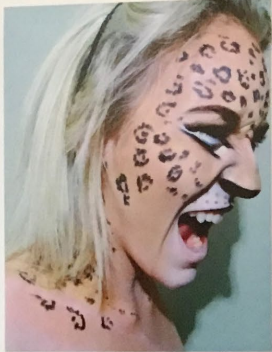
Someday I will be a woman obsessed with my body image
I will cry myself to sleep at night thinking about my weight
I will spend my life wishing I was someone else, beautiful
I will starve myself and hide my pain with a sweat smile

Angela Neuman 2009





TO BE EXPOSED



TO BE WILD



IT'S OKAY



TO BE BRAVE

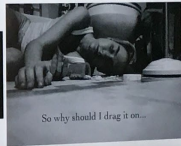
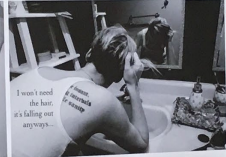
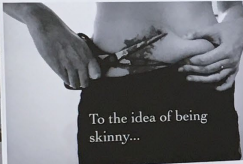
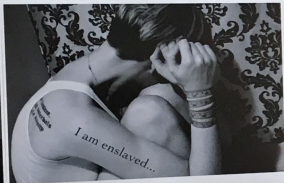
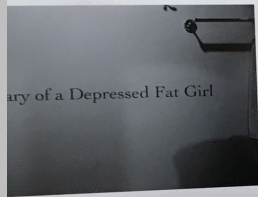


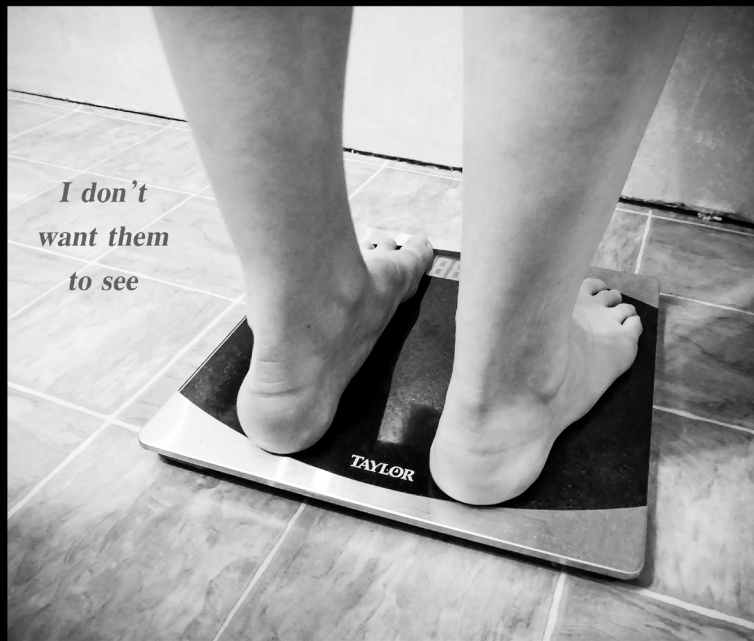
TO BE EXPRESSIVE

Alex Elder 2014



Figure Drawing revised – students and models have conversations about body image issues during the poses.





*I don't
want them
to see*



*I don't want
them to know*

Avery Parker 2016

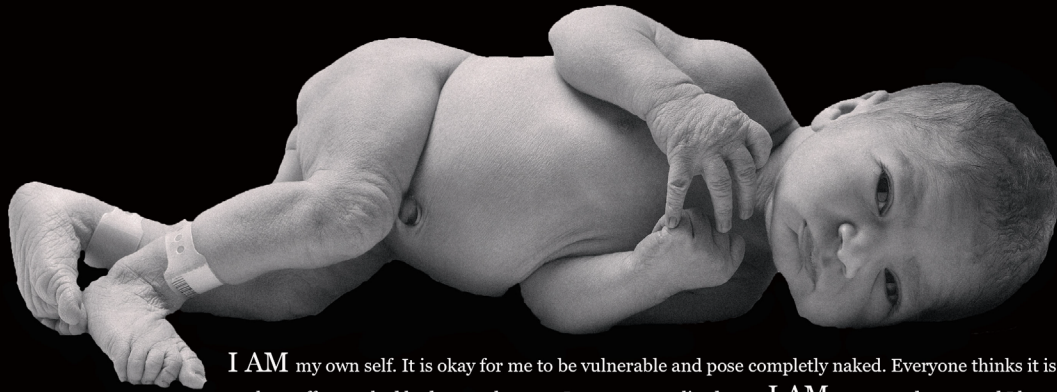


*how
fat
I
am*



*don't let
them see the
numbers*

Stephanie Gallegos
2016



I AM my own self. It is okay for me to be vulnerable and pose completely naked. Everyone thinks it is okay to show off my naked body parts because I am not sexualized, yet. **I AM** young and pure and I have happy with my body, for now. No one has told me what I should look like, yet. I don't hate myself, yet.



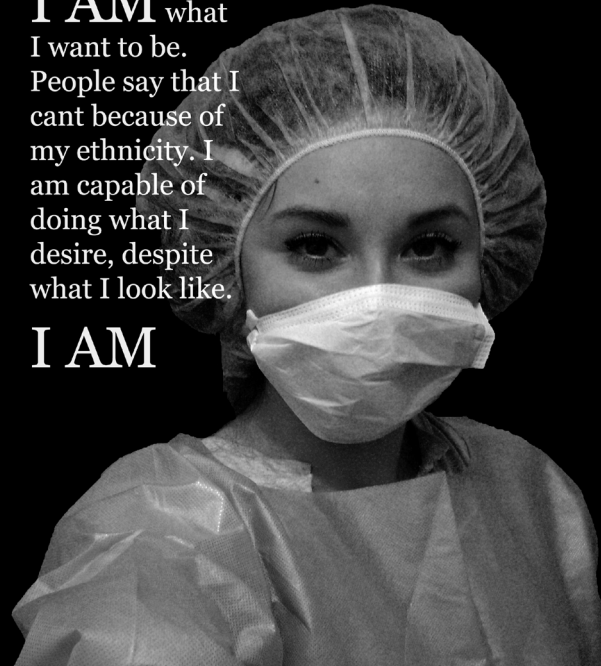
I AM beautiful.

I am who I want to be. I can pose in any way that makes me feel powerful. **I am** five years old and I should not have the pressure to look like a beauty queen. I should not be self-conscious about my body.



I AM what I want to be. People say that I can't because of my ethnicity. I am capable of doing what I desire, despite what I look like.

I AM



THIS IS ME.



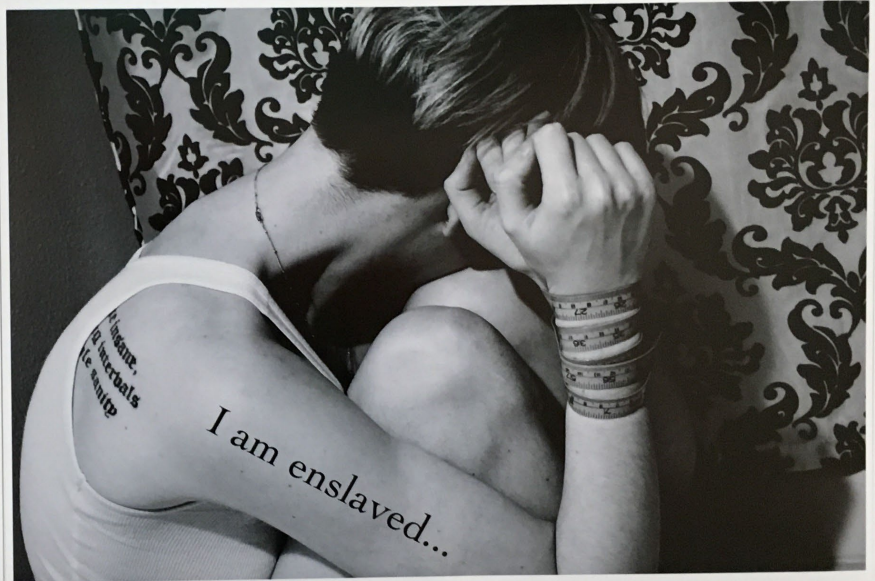
The way I am.



*But I am told, the way I
am, is not good enough.*



Diary of a Depressed Fat Girl





Nastassaiea Horne

2016